

12 STEP RECOVERY IS GROWING

MEMBERSHIP AND MEETINGS A QUICK OVERVIEW



GROWTH RATE OF ALCOHOLICS ANONYMOUS MEMBERSHIP BY PEOPLE

YEAR	ALCOHOLICS ANONYMOUS MEMBERS
2007	1,314,552
2006	1,308,712
2005	1,179,210 [†]
2004	1,286,844
2003	1,283,819
2002	1,265,304
2001	1,257,775
2000	1,260,928
1999	1,258,490
1998	1,268,713
1997	1,268,578

GROWTH RATE OF NARCOTIC ANONYMOUS MEMBERSHIP BY MEETINGS

1978
THERE WERE FEWER THAN 200 REGISTERED GROUPS IN THREE COUNTRIES

1983
60 COUNTRIES HAD OVER 13,000 GROUPS HOLDING OVER 19,000 MEETINGS

2002
108 COUNTRIES HAD 20,000 GROUPS HOLDING OVER 30,000 MEETINGS

2005
116 COUNTRIES HAD OVER 21,500 GROUPS HOLDING OVER 33,500 WEEKLY MEETINGS

MEETING MAKERS MAKE IT

this is a reference to those who continually attend meetings will most likely stay clean and sober.

12 step recovery communities are always **FREE**.

FOR THE ALCOHOLIC OR ADDICT SEEKING HELP

- Alcoholics Anonymous www.aa.org
- Narcotics Anonymous www.na.org
- Crystal Meth Anonymous www.crystalmeth.org

FOR LOVED ONES

- Al-Anon www.al-anon.org
- Nar-Anon www.nar-anon.org

2007
THERE ARE OVER 25,065 GROUPS HOLDING OVER 43,900 WEEKLY MEETINGS IN 127 COUNTRIES



IF YOU WOULD LIKE MORE INFORMATION ABOUT FINDING A LOCAL DRUG REHAB, PLEASE CALL 866-840-5754

WHERE DO 12-STEP-OR-SELF-HELP PROGRAMS FIT INTO DRUG ADDICTION TREATMENT?

Self-help groups can complement and extend the effects of professional treatment. The most prominent self-help groups are those affiliated with **ALCOHOLICS ANONYMOUS (AA)**, **NARCOTICS ANONYMOUS (NA)**, and **COCAINE ANONYMOUS (CA)**, all of which are based on the 12-step model. Most drug addiction treatment programs encourage patients to participate in self-help group therapy during and after formal treatment. These groups can be particularly helpful during recovery, offering an added layer of community-level social support to help people achieve and maintain abstinence and other healthy lifestyle behaviors over the course of a lifetime. **** NIDA

Sources: aa.org, na.org / AA World Wide Services / drugabuse.gov
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